



Valley Striders' Teams



West Yorkshire Cross Country League

2022 Season:

4th Men's Team

6th Ladies' Team

2023 Season:

Men: Dan Fisher (4th V40), Paul Smith (13th V50), Steve Webb (2nd V60)

Ladies: Liz Adams (6th V45), Sue Sunderland (3rd V60), Hope Wearing (7th U17), Ruth Friend (1st U13), Isla Butterworth (13th U13)



PECO Cross Country League 2022-23

1st Ladies Team (Premier Division)
2nd Men's Team (Premier Division)

1st Vet Men's Team
2nd Vet Ladies' Team

2023-24 in progress!



Yorkshire Cross Country Championships

Men: John Shanks 51st , David Song 57th , Paul Grave 88th , Sean Cook 162nd , Dinesh Kaulgud 165th

Jamie Walker (9th U17), Alfie Jones (11th U17)
Joel Caleb (31st U15), William Caleb (45th U15), Gus Cawcut (47th U15)

James Gostling (9th U13), Simeon Tedd (17th U13)

Ladies: Sam Harris 27th , Sarah Shanks 35th , Myra Jones 58th , Sue Sunderland 79th , Leila Kara 104th , 10th Ladies' Team

Northern Cross Country Championships

Men: Marcos Valero (48th), Phil Radford 103rd), David Song (174th), Tom Thomas (294th)

Jamie Walker (31st U17)

James Gostling (17th U13), Simeon Tedd (39th U13)

Calderdale Way Relay 2023

32nd Overall

Leg 1: Becca Whalley &
Georgia Baynes

Leg 2: Steve Webb & Sam
Harris

Leg 3: Liz Adams & Tosh
Akhtar

Leg 4: Sarah Shanks &
Simon Vallance

Leg 6: Dinesh Kaulgud &
Richard Irvine

Leg 6: Paul Smith & Tom
Thomas



Bradford Millenium
Way Relay
2023

6th Ladies' Team

18th Men's Team

32nd Open Team



Leeds Country Way Relay 2022

3rd Ladies' Team

2nd Vets' Team

1st Super-Vets' Team
and 7th in Vets' category

42nd Mixed Team





Danefield Relay

52nd Team – Men's Vets
65th Team - Mixed Vets

Golden Acre Relay

1st Boys' Team
6th Mens' Team
3rd Ladies' Team

11 Valley Striders' teams
took part.

Northern & National Road Relays

Northern 12 Stage (Apr 23)

15th Men's Team (qualified for National)

Northern 6 Stage (Sept 23)

24th Men's Team

70th Men's Team (B)

National 12 Stage (Apr 23)

40th Men's Team

