

Meanwood Valley Trail Race 2023
Saturday 16th September

evensplits

The Winners (again)



MVTR23 - Highlights

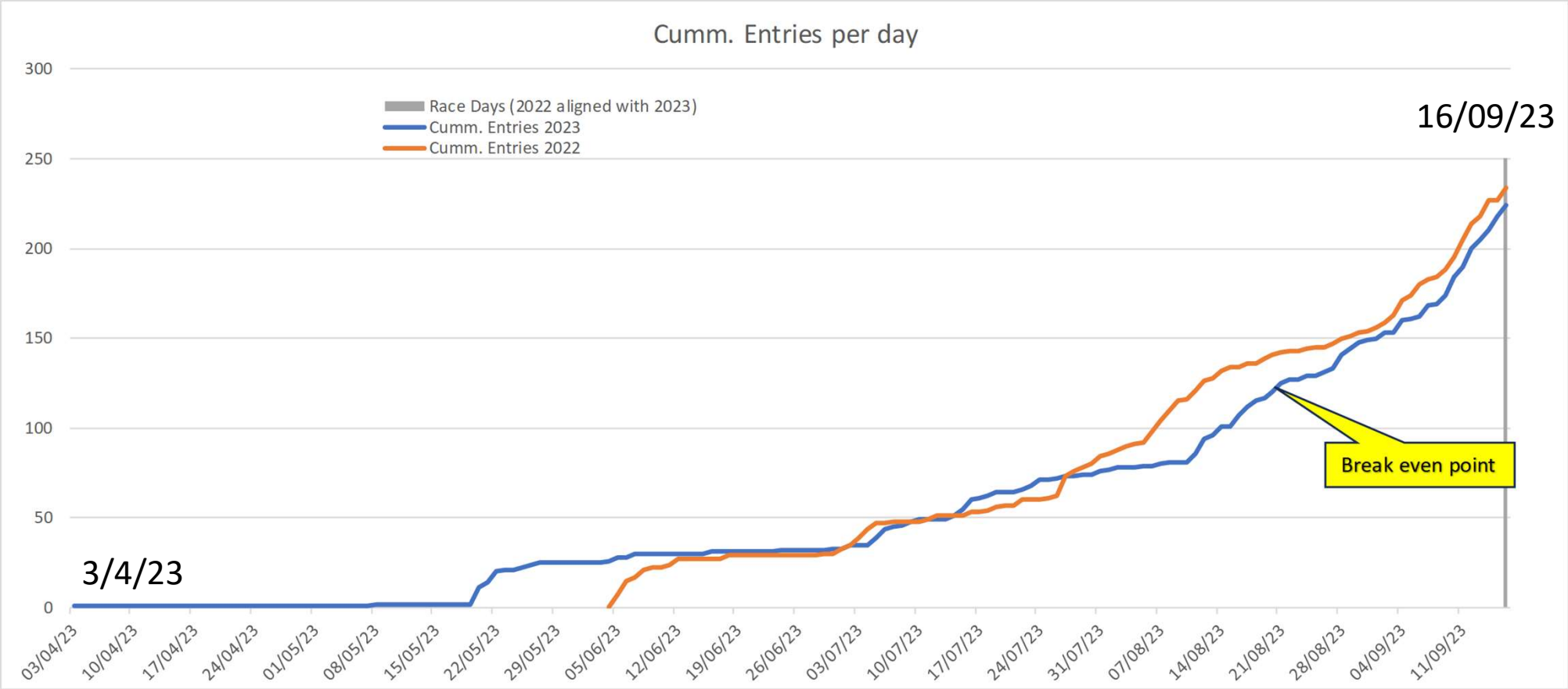
- Follows a successful race in 2022, after no events in 2020 & 2021 due to Covid
- Entry fee raised from £12 & £14 to **£15 & £17** to cover higher costs
- Weather perfect again. Mild & cloudy with sunny intervals. Dry conditions
- **224** entrants (234 last year)
- **187** finishers and 1 DNF (188 & 3 last year). **16%** no-shows (18% last year)
- **81** VS members helped on the day, plus family members – **THANK YOU**
- Organising Committee: Steph Gledhill, Sue Sunderland, Andy Wicks, Mick Tinker, John Hussey (**retiring**), Jade Beale (**retiring**).
- **£666** profit made on income of £3,552 (£542 on £3,043 last year)
- Profit donated equally to Lineham Farm and YAA

MVTR23 – The Winners

- First Male across the line – **Benjamin Douglas** of Leeds City AC in 46:34 (64 secs off his record)
 - First Female across the line (8th overall) – **Charlotte Knowles** of Abbey Runners in 50:37 (new record)
 - 2nd Female **Sophie Martin**, Wharfedale Harriers, 53:40 (18th)
 - 3rd Female **Jen Whiteman**, Chapel Allerton, 56:13 (28th)
 - 2nd Male **Edward Chiseldine**, Valley Striders, 48:07
 - 3rd Male **Michael Vargas**, Hyde Park Harriers, 48:18
 - Age group Winners: (all new winners, except for Kezzie)
 - FV40 **Emily Berg**, South Leeds Lakers, 63:05 (71st)
 - FV45 **Masako Kondo**, Abbey Runners, 56:44 (35th)
 - FV50 **Jane McCarthy**, Ilkley Harriers, 58:55 (45th)
 - FV55 **Sue Tindall**, Tadcaster Harriers, 70:09 (102nd)
 - FV60 **Helen Noyes**, unattached, 85:34 (165th)
 - FV65 **Janet Hartley**, Rothwell Harriers, 79:50 (145th)
 - FV70 **Kate Penrose**, Kippax, 85:37 (166th)
 - FV75 **Kezzie Medford**, Pudsey Pacers, 94:16 (181st)
 - MV40 **James Wilkinson**, Pudsey & Bramley, 50:23 (6th)
 - MV45 **Matthew Holmes**, Abbey Runners, 50:54 (11th)
 - MV50 **Alan Steeple**, Cl...
 - MV55 **Jeff Green**, Ilkle...
 - MV60 **John Convery**, B...
 - MV65 **Richard Parkin**, B...
 - MV70 **Michael Jeffery**, B...
 - MV75 **Geoffrey Kay**, B...
- £420 awarded in prizes, plus all finishers got a bottle of beer or chocolate bar
- **There's some beer left over to collect near the exit!**



MVTR23 – Entries over time



MVTR24 – The planning starts now!

- Race date set for **Saturday 28th September** (after dismissing other days and seasons)
- Entries open on **February 1st**
- **Please add the date to your diary asap – we will need lots of marshals again**
- **More committee members required please.** The work involved may include ...
 - Promoting, marketing and publicising the event
 - Helping to source equipment and finishers' beer & chocolate
 - Route checking, trimming and recce'ing with marshals
 - Helping to plan the fine detail for Race Day
 - Taking responsibility for tasks leading up to and on Race Day
 - Attending 10 or so Committee Meetings, which get more frequent as we approach Race Day
- A great way to get involved in race organisation and help make money for charity
- We're considering seeking sponsorship for 2024. Does anyone know of companies that may be willing to get involved with us?