

**Valley Striders
AGM
16th January
2024**

**CAUTION
RUNNERS**

 Running Imp
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Valley Striders AC Annual General Meeting 16th January 2024 7:30pm

1. Chairpersons welcome
2. Apologies for absence
3. Membership report
4. Treasurer's report including Annual Subs Proposal for 2024
5. Juniors' update
6. Reports from team leaders
 - **External Competition** (*Rachel Davidson & John Shanks*)
 - Relays and cross country
 - London marathon club places
 - **Training and Coaching** (*John Hussey, Steph Gledhill & Richard Irvine*)
 - Improvers, intermediates, main & faster group
 - Young adults/C-group
 - **Events** (*Mick Tinker & John Shanks*)
 - PECO Cross Country Relays
 - Meanwood Valley Trail Race
 - **Vacancies & Socials** (*Sam Harris*)
 - Christmas Party, Food at Leo's, Pub Meets & BBQ
 - Vacancies
7. Election of 2024 Committee and Other Club Roles
8. Any other business.

VALLEY STRIDERS A.C. COMMITTEE AND CLUB ROLES 2024

Committee	
Chair: Steph Gledhill	Treasurer: Mick Tinker
Secretary: Samantha Harris	Welfare officer: James Slater & Becca Whalley
Ordinary members:	Rachel Davidson (external competition, training & coaching, communication) Richard Irvine (juniors, training & coaching)
1. Accounts	
Treasurer:	Mick Tinker
Accounts Assistant:	Bob Jackson (Membership and Payment Accounts)
2. Membership	
New member support:	John Hussey (Beginners & Improvers, >30mins 5K) Steph Gledhill (Intermediates, 24-30 min 5K) Vacancy (Advanced group, 18-24 min 5K) David Song (Fast group, <18 min 5K)
Membership Admin:	Bob Jackson
3. Training & coaching	
Training co-ordinator:	David Song (fast), Samantha Harris (advanced), John Hussey (improvers)
Run leaders:	
Improver/intermediate:	John Hussey, Jean Hussey, Jade Beale, Rebecca Segal, Elaine Craigs, Becky Murray, Jillian Sabourn, Leila Kara
Advanced group:	Rachel Davidson, Pip Trevorror, Sean Fitzgerald, Steph Gledhill, Tom Thomas Simon Vallance, Richard Irvine, John Shanks
Fast group:	David Song, Tom Thomas, Rob Howard
Fell/trail runs:	Simon Vallance
4. Internal Competition	
Grand Prix:	Alan Hutchinson
Fell Grand Prix:	Vacancy
Handicaps:	Sue Sunderland
Performance database:	Bob Jackson

5. External Competition	
Men's team captains:	Andy Parkinson
Ladies' team captains:	Rachel Davidson, Samantha Harris
Fell captain:	Keith Brewster
Vets' captains:	Gary Mann, Keith Brewster
Regional and national competition:	David Song
6. Event organisation (MVT, PECO, etc)	
MVT committee:	Steph Gledhill, Mick Tinker, Andy Wicks, Sue Sunderland, John Hussey, Vacancy
PECO representative:	John Shanks
Volunteer co-ordinator:	Vacancy
7. Website & social media	
Website:	Rachel Davidson, Samantha Harris & Paul Grave
Twitter & Instagram:	Rachel Davidson
Spond:	Run/group leaders, Samantha Harris
8. Socials	
Food at Leo's:	Vacancy
Christmas party & BBQ:	Vacancy
Tour:	Katharine Robbins
Club kit:	Nicola Hartley (PB Teamwear Shop), John Shanks (Soar and Tactic)

9. Juniors

Juniors Admin:	Bob Jackson
Head coach:	Richard Irvine
Coach:	Alex Gostling
Training Group Leaders:	Many parents
Track & Field Officials:	Paul Furness, Bob Jackson
Website:	Bob Jackson
Social:	Vacancy
Welfare Officer:	Hannah Corne
Treasurer:	Mick Tinker

10. Vacancies

- **Social secretary** and team members – commitment can be as little as helping to organise one social event per year.
- New member support (advanced group) – responding to email enquiries, approving FB requests, meet & greet at training sessions.
- Run leaders (all groups) – joining rota for leading (commitment < 1 per month)
- MVT committee member – additional members of the organisational team needed.
- Volunteer coordinator (MVT/PECO relays) – Spond, FB, email website requests for event marshals and maintenance of volunteer spreadsheet.
- Website contributor - adding News Items