

VALLEY STRIDERS A.C. COMMITTEE AND CLUB ROLES

Committee	
Chair: Steph Gledhill	Treasurer: Mick Tinker
Secretary: Samantha Harris	Welfare officer: John Hussey
Ordinary members:	John Shanks (external competition, training & coaching) Rachel Davidson (external competition, training & coaching, communication) Richard Irvine (juniors, training & coaching) Dave Middlemas (training & coaching, external competition) Tom Thomas (young adults, training & coaching)
1. Accounts	
Treasurer:	Mick Tinker
Accounts Assistant:	Bob Jackson (Membership and Payment Accounts)
2. Membership	
New member support:	John Hussey (Beginners & Improvers, >30mins 5K) Steph Gledhill (Intermediates, 24-30 min 5K) Vacancy (Advanced group, 18-24 min 5K) David Song (Fast group, <18 min 5K)
Membership Admin:	Bob Jackson
3. Training & coaching	
Training & coaching co-ordinator:	Samantha Harris
Run leaders:	
Improver/intermediate:	John Hussey, Jean Hussey, Jade Beale, Rebecca Segal, Elaine Craigs, Becky Murray
Advanced group:	James Tarran, Liz Adams, Sean Fitzgerald, Steph Gledhill, Tom Thomas Simon Vallance, Richard Irvine, Pip Trevorrow, Rachel Davidson, Hayley Nancolas
Fast group:	David Song, Tom Thomas, Rob Howard
Fell runs:	Dave Middlemas, Simon Vallance, Jon Pownall
4. Internal Competition	
Grand Prix:	Alan Hutchinson
Fell Grand Prix:	Steve Webb
Handicaps:	Sue Sunderland
Performance database:	Bob Jackson
5. External Competition	
Men's team captains:	David Song, John Shanks
Ladies' team captains:	Rachel Davidson, Samantha Harris
Fell captain:	Vacancy
Vets' captains:	Gary Mann, Keith Brewster
6. Event organisation (MVT, PECO, etc)	
MVT committee:	Steph Gledhill, Mick Tinker, Andy Wicks, Sue Sunderland, John Hussey, <i>Vacancies</i>
PECO representative:	John Shanks
Volunteer co-ordinator:	<i>Vacancy</i>
7. Website & social media	
Website:	Rachel Davidson & Samantha Harris, <i>Vacancies</i>
Twitter & Instagram:	Rachel Davidson
Spond:	Run/group leaders, Samantha Harris
Facebook:	Katharine Robbins and other club members.
8. Socials	
Food at Leo's:	Jade Beale, Rebecca Segal, Samantha Harris
parkrun tourism:	Samantha Harris, Rachel Davidson
Christmas party:	<i>Vacancy</i>
Tour:	Katharine Robbins
Club kit:	Nicola Hartley, John Shanks

9. Juniors

Juniors Admin:	Bob Jackson
Head coach:	Richard Irvine
Coach:	Alex Gostling
Training Group Leaders:	Many parents
Track & Field Officials:	Paul Furness, Bob Jackson
Website:	Bob Jackson
Social:	Vacancy
Welfare Officer:	Hannah Corne
Treasurer:	Mick Tinker

10. Vacancies

- New member support (advanced group) – responding to email enquiries, approving FB requests, meet & greet at training sessions
- Run leaders (all groups) – joining rota for leading (commitment < 1 per month)
- VSGP assistant – promoting VSGP races
- Fell captain (this does not need to include CWR organisation) – promoting fell races, organising ad hoc fell runs, promoting the FGP
- MVT committee – additional members of the organisational team needed
- Volunteer coordinator (MVT/PECO relays) – Spond, FB, email website requests for event marshals
- Website support - updating pages and/or adding news items
- Social team members – commitment can be as little as helping to organise 1 social event per year.